

# Trina Helderman, MD, MPH



Dr. Helderman is a Board Certified Emergency Medicine Physician with a specialization in International Public Health and more than eight years of experience within the humanitarian field. Dr. Helderman was an International Emergency Medicine Fellow at New York Presbyterian Hospital and also received her Master's in Forced Migration and Health from Mailman School of Public Health at Columbia University.

Dr. Helderman has served with, led, or supported medical teams responding to sudden-onset disasters including the 2010 Haiti earthquake, various hurricanes in the Dominican Republic, and the 2015 Nepal earthquake. She spent almost four years working within the complex humanitarian emergency in South Sudan both during the time of the CPA, during independence, and later as the conflict restarted. While in South Sudan, Dr. Helderman led multiple outbreak responses for Kala azar, cholera, measles, meningitis, and Hepatitis C. She also served as the Medical Coordinator with Medair during the Ebola Outbreak in Sierra Leone, where her responsibilities included the oversight of the Ebola Treatment Center and technical support to the quarantine support teams in Western Area. She has also worked in other public health projects in Ecuador, India, Ghana, and Kenya.

Currently, Dr. Helderman is a Senior Health Advisor at Medair, based in Switzerland. She is responsible for health programmes in Syria and the Democratic Republic of Congo as well as serving as the health focal point for sudden-onset emergency responses with the Medair Emergency Response Team.

SUBJECT MATTER EXPERT

**Humanitarian Healthcare Provider Program**

